

November Jr. High Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Breakfast Muffin w/String Cheese or Cereal & Toast</p> <p>Lunch Chicken Tenders w/Texas Toast or BBQ Beef on a Bun or Hot 'n Spicy Chicken Sandwich Baby Carrots w/Ranch Baked Beans Frozen Juice Bar or Fruit Juice</p>	<p>3</p> <p>Breakfast Pancake Sandwich w/maple glaze or Cereal & Cinnamon Toast</p> <p>Lunch Double Meat Hamburger/ Cheeseburger or Popcorn Chicken w/Roll or Cold Cut Sub or Individual Cheese/ *Pepperoni Pizza Sandwich Fixins Oven Fries Mandarin Oranges or Fruit Juice</p>	<p>4</p> <p>Breakfast *Scrambled Eggs w/Cheese and Bacon Taquito or Cereal & Pop Tart</p> <p>Lunch Meat Lasagna w/Garlic Toast or Bean Burrito or Ham & Cheese Sub Or Cheesy/Beef Nachos Steamed Broccoli Fresh Fruit or Fruit Juice</p>	<p>5</p> <p>Breakfast *Sausage Roll or Cereal & Toast</p> <p>Lunch *Pepperoni Calzone or Corn Dog or Chicken Fajita Salad or Individual Cheese/ *Pepperoni Pizza Tossed Salad Pineapple Tidbits or Fruit Juice</p>	<p>6</p> <p>Breakfast Breakfast on a Stick or Cereal & Cinnamon Toast</p> <p>Lunch Cheese/*Pepperoni Pizza or Turkey Tetrassini w/Roll or Hot 'n Spicy Chicken Sandwich Green Beans Sliced Peaches or Fruit Juice</p>
<p>9</p> <p>Breakfast Banana Muffin & String Cheese or Cereal & Toast</p> <p>Lunch Steak Fingers w/Texas Toast or American Cheese Rolls or Hot 'n Spicy Chicken Sandwich Mashed Potatoes w/Gravy Glazed Sweet Carrots Frozen Fruit Bar or Fruit Juice</p>	<p>10</p> <p>Breakfast * Breakfast Pizza or Cereal & Cinnamon Toast</p> <p>Lunch Double Meat Hamburger/ Cheeseburger or Hot Dog w/Chili & Cheese or Cold Cut Sub or Individual Cheese/ *Pepperoni Pizza Oven Fries Sandwich Fixins Rosy Pears or Fruit Juice</p>	<p>11</p> <p>Breakfast Scrambled Eggs w/Cheese And *Bacon and a Biscuit or Cereal & Pop Tart</p> <p>Lunch Chef Salad w/Chicken Fajita Meat & Saltine Crackers or Soft Taco or Ham & Cheese Sub or Hot 'n Spicy Chicken Sandwich Corn Fresh Fruit or Fruit Juice</p>	<p>12</p> <p>Breakfast French Toast w/Cinnamon Swirl and Sausage Patty or Cereal & Toast</p> <p>Lunch Cheesy/Beef Nachos or Chicken Nuggets w/Roll or Chef Salad w/Turkey Ham or Individual Cheese/ *Pepperoni Pizza Tossed Salad Refried Beans Fresh Fruit or Fruit Juice</p>	<p>13</p> <p>Breakfast Cheddar Stuffed Soft Pretzel or Cereal & Cinnamon Toast Applesauce Cup</p> <p>Lunch Cheese/*Pepperoni Pizza or Chicken Alfredo w/Roll or Hot 'n Spicy Chicken Sandwich Steamed Broccoli Sliced Peaches or Fruit Juice</p>

Breakfast Includes Choice of Milk and Juice * Pork Containing Product.
Lunch Includes entrée Vegetable and or fruit, bread as listed and choice of milk

Meal Prices:
Breakfast Student-\$1.00 Reduced-\$0.30 Adult-\$1.30
Lunch Student -\$.25 Reduced-\$0.40 Adult-\$2.75

Menu Subject to Change

November Jr. High Menu

Monday	Tuesday	Wednesday	Thursday	Friday								
<p>16</p> <p>Breakfast Honey Wheat Donut & String Cheese or Cereal & Toast</p> <p>Lunch Chicken Fried Steak or Popcorn Chicken Texas Toast or Hot 'n Spicy Chicken Sandwich Mashed Potatoes w/Gravy Mixed Vegetables Frozen Fruit Bar or Fruit Juice</p>	<p>17</p> <p>Breakfast Waffle Sticks & Sausage Patty or Cereal & Cinnamon Toast</p> <p>Lunch Double Meat Hamburger/Cheeseburger or Taco Snack or Individual Cheese/*Pepperoni Pizza or Cold Cut Sub Sandwich Fixins Oven Fries Mandarin Oranges or Fruit Juice</p>	<p>18</p> <p>Breakfast Cinnamon Roll & Scrambled Eggs w/Cheese or Cereal & Toast</p> <p>Lunch Spaghetti w/Marinara Sauce & Meatballs w/Garlic Toast or Shrimp Poppers w/Garlic Toast or Cheesy Nachos or Ham & Cheese Sub Tossed Salad Steamed Broccoli Fresh Fruit or Fruit Juice</p>	<p>19</p> <p>Breakfast *Sausage Roll or Cereal & Pop Tart</p> <p>Lunch Holiday Feast Meal Roast Turkey Breast And Dressing Gravy w/Roll or Chicken Nuggets w/Roll Or Individual Cheese/*Pepperoni Pizza Mashed Potatoes w/Gravy Green Beans Cranberry Sauce Fruit Surprise Holiday Cooke</p>	<p>20</p> <p>Breakfast Biscuit Sandwich w/Egg Patty and Cheese or Cereal & Toast</p> <p>Lunch Cheese/*Pepperoni Pizza or Fish Patty Sandwich or Hot 'n Spicy Chicken Sandwich Corn Rosy Applesauce or Fruit Juice</p>								
<p>23</p> <p>Breakfast Cinnamon Pastry & String Cheese or Cereal & Toast</p> <p>Lunch Chicken Nuggets w/Texas Toast or Macaroni and Cheese w/Texas Toast or Hot 'n Spicy Chicken Sandwich Baby Carrots w/Ranch Green Peas Frozen Fruit Bar or Fruit Juice</p>	<p>24</p> <p>Breakfast Breakfast on a Stick or Cereal & Pop Tart</p> <p>Lunch Double Meat Hamburger/Cheeseburger or Chicken Sandwich or Cold Cut Sub or Individual Cheese/*Pepperoni Pizza Sandwich Fixins Tator Tots Rosy Pears or Fruit Juice</p>	<p><i>Happy Thanksgiving!</i></p>										
<p>30</p> <p>Breakfast Muffin w/String Cheese or Cereal & Toast</p> <p>Lunch Chicken Tenders w/Texas Toast or BBQ Beef on a Bun or Hot 'n Spicy Chicken Sandwich Mashed Potatoes w/Gravy Baked Beans Frozen Juice Bar or Fruit Juice</p>		<p>Breakfast Includes Choice of Milk and Juice</p> <p>* Pork Containing Product.</p> <p>Lunch Includes entrée Vegetable and or fruit, bread as listed and choice of milk</p>	<p>Meal Prices:</p> <table> <tr> <td>Breakfast</td> <td>Lunch</td> </tr> <tr> <td>Student-\$1.00</td> <td>Student --\$2.25</td> </tr> <tr> <td>Reduced-\$\$.30</td> <td>Reduced-\$\$.40</td> </tr> <tr> <td>Adult-\$1.30</td> <td>Adult-\$2.75</td> </tr> </table>	Breakfast	Lunch	Student-\$1.00	Student --\$2.25	Reduced-\$\$.30	Reduced-\$\$.40	Adult-\$1.30	Adult-\$2.75	<p>Menu Subject to Change</p>
Breakfast	Lunch											
Student-\$1.00	Student --\$2.25											
Reduced-\$\$.30	Reduced-\$\$.40											
Adult-\$1.30	Adult-\$2.75											

