

AISD Food & Nutrition Services
Food Allergens 2009-2010

Soy				
Apple Spice Muffin	Baked Cheetos, Crunchy	Baked Cheetos, Flamin' Hot	Baked Fantastix, Chili Cheese	Baked Fantastix, Flamin' Hot
Baked Lays, BBQ	Baked Lays, Cheddar & Sour Cr.	Baked Lays, Original	Baked Potato w/ Chili & Cheese	Baked Tostitos Scoops
Banana Fudge Bar	Banana Muffin	BBQ Beef	Bean Burrito	Beef Crumbles
Beef Jerky Nugget, Peppered	Beef Sausage Biscuit Sandwich (Exp)	Beefy Cheese Nachos	Biscuit	Biscuit Sandwich w/ Egg & Cheese
Blueberry Muffin	Breaded Cheese Sticks	Breakfast on a Stick	Breakfast Pizza	Bug Bites Grahams
Celebration Cake	Cheese Nachos	Cheese Pizza	Cheese Sauce	Cheese Slices
Cheeseburger	Cheesy Burger Bake	Chef Salad w/ Popcorn Chicken	Chef Salad w/ Turkey Ham	Chicken Alfredo
Chicken Biscuit Sandwich (Exp)	Chicken Deluxe Sandwich	Chicken Fajita	Chicken Fajita Wrap	Chicken Fried Steak
Chicken Noodle Soup	Chicken Nuggets	Chicken Rings	Chicken Sandwich	Chicken Sticks
Chicken Tenders	Chicken Tetrazzini	Chili, Canned	Chocolate Muffin	Cinnamon Pastry
Cinnamon Roll	Cinnamon Toast	Cold Cut Sub	Cookie Cone	Cookies, All
Corn Dog	Cornbread	Cornbread Dressing	Croissant	Divide Bar
Doritos, Red. Fat Cool Ranch	Doritos, Red. Fat Nacho Cheese	Doritos, Red. Fat Sweet Chili	Fiesta Salad	Fish Bites
Flour Tortilla	French Toast w/ Cinnamon Swirl	Fudge Bar	Garlic Toast	Goldfish Crackers
Graham Crackers	Gravy	Grilled Cheese Sandwich	Ham & Cheese Croissant	Ham & Turkey on Kaiser Roll
Hamburger	Hamburger Bun	Hamburger Patty	Honey Wheat Donut	Hot 'n Spicy Chicken
Hot Dog Bun	Hot Dog w/ Chili & Cheese	Ice Cream Cup, Chocolate	Ice Cream Cup, Strawberry	Ice Cream Cup, Vanilla
Ice Cream Sandwich, All Varieties	Indiana Kettlecorn	Kaiser Bun w/ Sesame Seed	Kraft Handi-Snacks	Krunch Bar
Lasagna	Margarine	Marinara Sauce	Nutzo Cone	Oil, Pan Coating
Orange Chicken	Pancake Sandwich w/ Maple Glaze	Pancakes	Pepperoni Calzone	Pepperoni Pizza
Pop Tart	Popcorn Chicken	Popcorn, Red. Fat White Cheddar	Red. Fat Mayonnaise	Refried Beans
Roll	Salad Oil	Saltine Crackers	Sausage Biscuit Sandwich	Sausage Roll
Scrambled Eggs	Shrimp Poppers	Simply Chex, Cheddar	Simply Chex, Chocolate Caramel	Simply Chex, Strawberry Yogurt
Soft Tacos	Spaghetti Sauce & Meatballs	Steak Fingers	Submarine Bun	Sunchips, French Onion
Sweet & Sour Sauce	Taco Snack	Taquito w/ Eggs & Bacon	Tartar Sauce	Texas Toast
Toast	Tortilla Chips	Turkey & Cheese Wrap	Waffle Sticks	Whipped Topping
Animal Shaped Crackers				
American Cheese Roll	Chicken Fajita Salad	Galaxy Pizza	Meatball Sub	Rib Patty Sandwich
Smoked Turkey & Cheese on Croissant	Taco Roll	Cold Cut Sub	Ham & Cheese Sub	Honey Dijon Mustard Dressing
Hot Piccolo Italian Sub	Smokies	Turkey w/Pepperoni on a Kaiser Bun	Turkey w/ Salami on a Kaiser Bun	Fruit Cobbler
Dipping Sauce	Croissant Sandwich w/ Egg, Ham & Cheese			

Rev. 1/21/10

Our allergen information are based on product information provided by approved food manufacturers. Every effort is made to keep this information current. However, it is possible that ingredient changes and substitutions may occur without our knowledge.